

ABSTRACT OF THE DISCLOSURE

A gripping device for use with a hand of a user. The gripping device includes a body portion having a hollow interior portion adapted to be secured to a shaft . The gripping device also includes a thumb receiving member and a fingers receiving member connected to the body portion, the fingers receiving member generally opposite the thumb receiving member. The thumb receiving member and fingers receiving member allow the user to secure a hand to the shaft. The shaft is located on a golf club in one embodiment.